



BRIDGEND
VOICE & CHOICE

ADVOCACY

CALL US FREE

 **0808 801 0330**

**WE WILL LISTEN
AND HELP YOU**

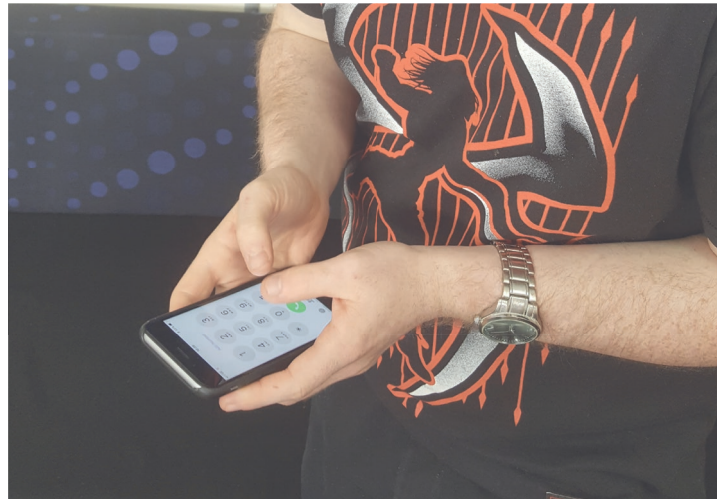
- Understand social services
- Understand your situation and options
- Choose the right care
- Be heard and have control



bridgendvoiceandchoice.cymru



socialaction@promo.cymru



CAN BRIDGEND VOICE & CHOICE SUPPORT ME?

- I am 18 or older
- I live in Bridgend
- I may need OR am receiving social care or support from social services

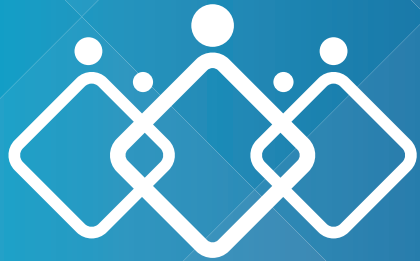


HOW CAN BRIDGEND VOICE & CHOICE HELP ME?

- Look at your social care and support needs and the options available to you
- Give you information and help to find the right services to meet your needs
- Help you understand information, conversations and support you to make choices
- We can help you to find an independent professional advocate - this is sometimes called an IPA
- Help you to be listened to and heard
- Help speak on your behalf

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Charity No. 1094652





LLAIS A DEWIS
PEN-Y-BONT AR OGWR

EIRIOLAETH

GALWCH AM DDIM

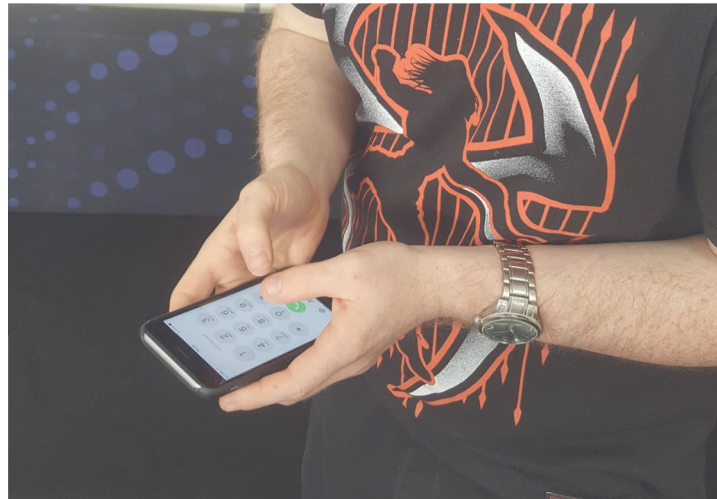
☎ 0808 801 0330

BYDDEM YN GWRANDO
AC YN HELPŪ

- Deall gwasanaethau cymdeithasol
- Deall eich sefyllfa a'ch dewisiadau
- Dewis y gofal cywir
- Cael eich clywed a chael rheolaeth

 llaisadewispenybontarogwr.cymru

 socialaction@promo.cymru



YDW I'N GALLU DERBYN
CEFNOGAETH LLAIS A DEWIS
PEN-Y-BONT AR OGWR?

- Rwyf yn 18 neu'n hŷn
- Rwyf yn byw ym Mhen-y-bont ar Ogwr
- Efallai rwyf angen NEU'N derbyn gofal cymdeithasol neu gefnogaeth gan wasanaethau cymdeithasol



SUT GALL LLAIS A DEWIS
PEN-Y-BONT AR OGWR FY
HELPŪ?

- Edrych ar eich gofal cymdeithasol a'ch anghenion cefnogol a'r opsiynau sydd yn agored i chi
- Rhoi gwybodaeth a help i ddarganfod y gwasanaethau cywir ar gyfer eich anghenion
- Helpu i ddeall gwybodaeth, sgysiau a'ch cefnogi i wneud dewisiadau
- Helpu i ddarganfod eiriolwr proffesiynol annibynnol - adnabwyd fel EPA weithiau
- Helpu i sicrhau bod rhywun yn gwrando ac yn clywed
- Helpu gan siarad ar eich rhan

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